



PARROT FISH

INDIVIDUALLY QUICK-FROZEN

Product Description

Scientific Name
Form

Sparisoma spp
Whole Gutted Gilled Scaled (WGGS), Individually Quick Frozen,
Individually Wrapped

Sustainability & Safety
Origin

Processed in a HACCP Certified Facility
Brazil

Allergens

Contains Fish

Ingredients

Parrot Fish

Method of Capture

Wild Caught

Pack

Individually Quick Frozen, 10lb Box

Flavor Profile

Full Flavored

Texture Profile

Firm

Suggested Cooking Methods

Baking | Broiling | Frying | Grilling | Sautee | Soups

Storage

Keep Frozen at -18C or Colder | Shelf Life 24 months

Box Dimensions

H 4 " x L 36" x W 22" | TixHi: 10x12

Thawing Instructions

Important: Keep frozen until ready to use. Remove from sealed bag and defrost under refrigeration for a minimum of 4-6 hours or until fully thawed.

Available Sizes

¼-1/2lb, ½-3/4lb, ¾-1lb, 1-2lb



Canadian Atlantic Seafood Imports Inc.



3-225 Gibraltar Road
Vaughan, ON L4H 4P9, Canada

416. 309. 9858

info@casii.ca

www.casii.ca